# WOMAN, thouart LOOSED!



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# WOMAN, thouart LOOSED!



T.D. Jakes

workbook

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Take note that the name satan and related names are not capitalized. We choose not to acknowledge him, even to the point of violating grammatical rules.

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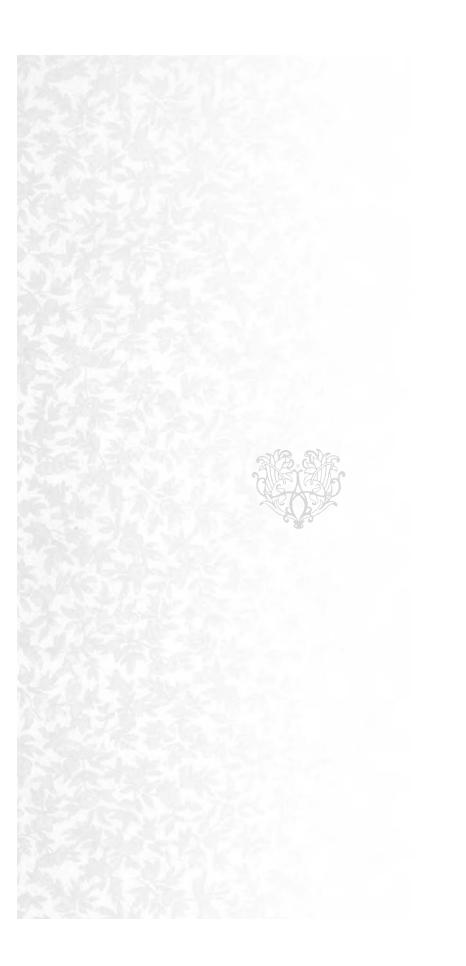
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# HOW TO USE THIS STUDY GUIDE

This study guide has been uniquely prepared for the adult learner for personal or small group learning. As such, questions have been developed to allow you or your group time for discussion and application for spiritual growth. In light of this, it is receommended that you follow these guidelines:

Become aware of the book, *Woman, Thou Art Loosed!* Start with the Contents page and then familiarize yourself with the titles and subjects of each chapter.

Have your Bible, the book *Woman, Thou Art Loosed!*, and the Workbook together with pen and pencil. Since satan would love to keep you from your growth in God, eliminate as many distractions as possible.

Read each chapter, looking up any Scriptures not written out in the book. Further, you are encouraged to use a concordance to check other Scriptures that relate to the ones being





studied. Doing this can increase your depth of knowledge and understanding.

Answer the questions as provided in the Workbook to the best of your ability. Your personal answers can be shared with others at your discretion. However, sharing with and listening to others can increase your understanding as you struggle together with the concepts in the book and in God's Word.

I hope and pray that you will greatly benefit from the learning process, and that you will use the knowledge you gain for the Kingdom of God.











# INFIRMED Woman



		~ 1 ~
		A. What are the three ma characters in the accou of the infirmed woman in Luke 13:11-12?
		B. How do these character relate to each other?
32		
S		
• I4	位下侧形	

	Woman thou	art Loosed Work	book
			~ 3 ~
		the wom feminini cuss the	en Jesus "loosed" an, He spoke to the ty of women. Dis- importance of this n light of today's
2 20),			
16			

## $\sim 4$ $\sim$

True or False. An emotional infirmity can be just as difficult to deal with as a physical infirmity.

# $\sim 5 \sim$

- A. When a person is hurting, how does she tend to use other people?
- B. What are the problems of doing this?

1

Woman thou art Loosed Workbook ~6~ True or False. An infirmed woman always lacks effort and fortitude. ~ 7 ~ What was the root of the disappointment and depression in the life of this woman in Luke 13:11-12?

$\sim 8 \sim$ One of the great healing balms of the Holy Spirit is	
$\sim 9 \sim$ Is there anyone in your life whom you need to forgive—including yourself? Take a moment and express your forgiveness for yourself and for that other person.	19

How can a p damaged by her life's be completely transition a whole woman?

~11~	
Discuss the grace and truth found in Jesus' statement, "Woman, thou art loosed."	
	6
	21

		~ 1 2 ~
	relatio	scuss male/femans in the light ness and unity.
22		
2		
2		

### C H A P T E R O N E

	~13~	
A.	By nature a woman is a	
B.	What are the spiritual aspects of that truth?	

	~14~
	Explain this pri Forgetting isn't a m lapse; it is a memory
NOTE:	

### C H A P T E R O N E

Further Challenge: Follow through on the book's suggestion to write down 30 things you would like to do with your life. Then check them off, one by one, as you accomplish them!	
	25
	To







BROKEN ARROWS



Why did the David compare chi arrows (Ps. 127:3-5)

~2 ~	
How would you describe a broken arrow?	
	Se
	29
	(60

	Woman thou	art Loosed	Workbook
			~ 3 ~
		Α.	Compassion is
		В.	How does compassion
			relate to healing? Explausing Scripture.
2,			
30			
多列			

### C H A P T E R T W O

$\sim 4 \sim$	
Is pain prejudiced? xplain.	
	6
	G
	31
	6

	~ 5 ~	J
	People have stories. Share (as about any broken your life whom yo able to touch.	yoı arre
32		

### C H A P T E R T W O

~6~	
O	
A. Describe how Jesus	
ministered to the chil-	
dren brought to Him.	
dren brought to 11111.	
B. How does this challenge you in your life?	
you in your me:	

	Woman thou art	Loosed	Workbook
			~ 7 ~
		Α.	Salvation is
		D	
		Б,	In what ways can you yourself be like a child in God's presence?
<u> </u>			
34			

~8~	
$\sim$ $\sigma$	
Would you consider the	
pulling of misery from a	
memory as an event or as a	
process? Explain your rea-	
soning.	

	Woman t	hou art Loo	sed Workbook	
			Think of a you experience rity of God's ar how you felt. W for you?	a time when ed the secu- ms. Describe
36				

# C H A P T E R T W O

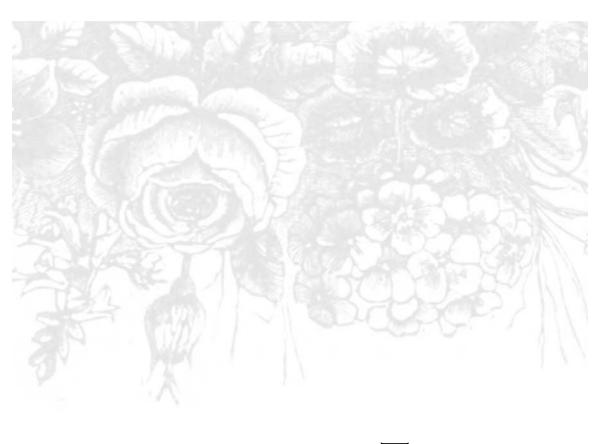
	~10~	
A.	What does it mean to be uncovered?	
B.	How does God cover His people?	

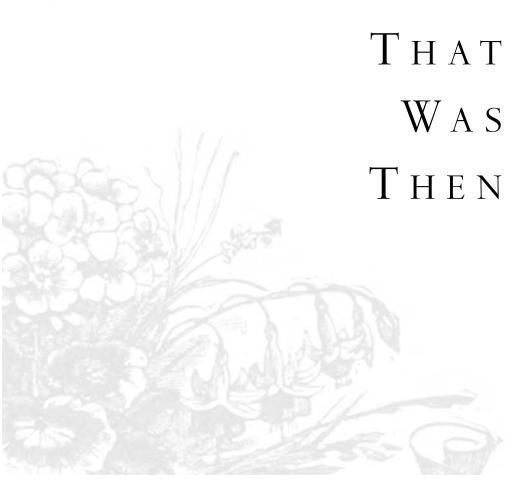
	Woman thou art Loosed Workbook
	~ 1 1 ~
	For the hurting, God has
	~12~
	Describe a time when God brought you or a family member through a crisis.
3	
38	
, No.	
A CONTRACTOR OF THE PARTY OF TH	

Further Challenge: List some specific ways that you and your church can become more compassionate care givers to the "broken arrows" around you. Meet with your pastor and discuss the possibility of implementing some of these ideas.	
	39









	~ 1 ~
	Describe some o own spiritual "beginni
2	

~ 2 ~	
In striving for holiness, what were people actually trying to perfect?	
	43

				~ 3 ~	J
			How holiness?	do yo	u achi
2					
44					

4	
~ 4 ~	
Describe the function of the Church in relation to caring for "people with a past."	
sust.	

whom you kno		n thou art Loosed	
the book or of peop whom you kno describe some "peop with a past."  B. How can you respond a "person with a past"			~ 5 ~
a "person with a past"		A	the book or of peop whom you kno describe some "peop
46		В.	How can you respond a "person with a past"
46			
	3		
	2		
	1		

~6~	
V	
We must maintain a strong line of	
petween a person's	
~7 ~	
What was it that Jesus	
understood about meeting people?	
	G,
	47
	2

	~8~
	The chains that bi
	~ 9 ~
	Some chains can from willfully
48	~10~
5	What three things do Jesus come to do for t hurting?
APPLICATION OF THE PERSON OF T	

~ 1 1 ~	
What can women find as a result of Jesus' power operating in their lives?	

Woman thou art Loosed Workbook Further Challenge: Name some things that keep the Church from accepting people with brokenness in their lives. What can be done to break down these barriers? Consider yourself as well, and begin to knock down the barriers you find in yourself.









# THE VICTIM SURVIVES



~ 1 ~
How does David' show that children are vulnerable to their far weaknesses? Can you of other biblical examp

~ 2 ~	
What is the difference between love and lust?	
	2
	55
	3

What	ook
	$\sim 3 \sim$ kind of healing want to give?

	~ 4 ~	
	T	
A.	What is a tendency women have that makes them vulnerable to abuse?	
B.	How can women safe- guard themselves against falling into traps?	

~ 5 ~

True or False. It is not your fault if you are being abused by being made a victim, but it is your fault if you don't allow God's Word to arrest sin and weakness in your life.

~6 ~

What are some ways God provides for healing and filling a woman's need for godly self-esteem and acceptance?

~ 7 ~	
,	
God's people are to	
and	
one	
nother.	
O	
~8 ~	
What does the state-	
nent "Love embraces the	
otality of the other person"	
nean to you?	

			~ 9 ~
			What is the secret being transformed fr a victim to a victor?
		Б.	How can the Church part of this proce Explain using Scriptu
60			

# C H A P T E R F O U R

. Consider this process in light of your personal experience. How has the	
Lord transformed you?	
	61

## Woman thou art Loosed Workbook

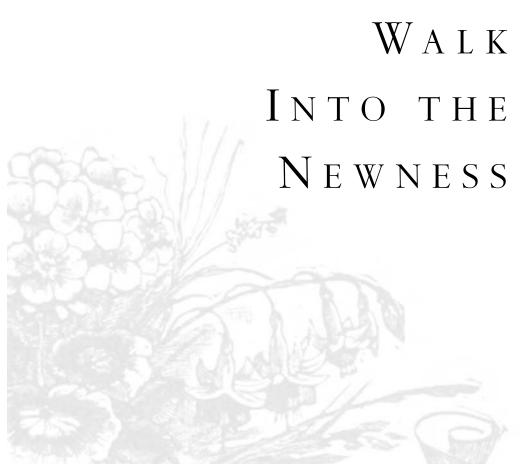
Further Challenge: List the characteristics of a person you could really open up to and who would help you go through the healing process. Are you yourself such a person? If you would like to be, in what areas do you need to mature? If you are a victim, do you know such a person you could go to? Be encouraged to open yourself up to the healing process.











			~1 ~
		ch	Have you ever hing happen to you anged you fo escribe the change.
66	6 7 7 1		

$\sim 2 \sim$		
-		
What abuse did Amnon		
o to Tamar that was worse		
ian rape?		
-		
		(

			~ 3 ~
		thc	The call of the Spirit unwanted
			4
			~4 ~
) <u> </u>			Describe how Jes- nistered to the infirm- man of Luke 13:11-12.
3 -			
68			
3 -			

~ 5 ~			
Describe how standing up and living in the "now" of life is part of the recovery process.			
			CE
			69
			33
			टिन

	~6~
	It is Jesus' and
	that touches and heal hurting places in a wor
	life.
	~ 7 ~
	What else does restore to your soul
3	He declares your freedo
70	
2,	
ALI	

~8~	
What things should the Church, the Body of Christ, be providing for the hurting?	
	GE
	71
	3
	Co

		~ 9 ~			
			Α.	List the three tenses of faith. What does each of these mean to you?	
			В.		of these is the important, and
2,					
B					
72		611			
2					
3					

#### C H A P T E R F I V E

Further Challenge: Instead of focusing on the tragedies of your life, focus on the victories. Make a list of the things you can praise God for, amidst the troubles in your life. Then actively praise God for them.	
	Car
	73







## ORIGINS OF FEMININITY



	Woman t	hou art Loc	osed Workbook
			~ 1 ~
			Women were made like
			they were made to be
			~ 2 ~
2			In this respect, how is a woman a help meet to a
悉			man?
76			
ورو			

	~ 3 ~	
A.	What is the vulnerability inherent in a receptacle?	
В.	What is God's solution to this vulnerability?	

		~ 4 ~
		True or False. Marriage will help an individual who is incomplete in her person hood.
		~ 5 ~
a),		A. How did satan "plug into Eve?
		B. This has resulted in
78 — 79 — 70 —		between femininity and the enemy.

~6~	
What must women do because of this conflict with the enemy?	
	79

		~	7 ~
		How c something is you or not <sup>2</sup> examples.	an you tell if "plugging into" ? Give specific
第_			
80			
20,0)			

~ 8 ~	
Explain how suffering and sorrow are part of a piritual birth.	
	D TANK # \$1

	~ 9 ~
	For every struggle in your life, God accomplished something in your and
	your
	~10~
	God wants you to
	pain andthe
	~ 11~
	In the analogy of the birth process, why is it necessary to push?
	Woman thou art I

### $C \quad H \quad A \quad P \quad T \quad E \quad R \qquad S \quad I \quad X$

1 7	
~ 12 ~	
1 2	
TV71 . 1 . 1 . 1	
What is the balance	
that future desire provides?	
that future desire provides:	
	THE RESERVE AND ADDRESS OF THE PARTY AND ADDRE

		~13~
	"impre How	omen of promegnated with deduces this state age women tod
<u>E'W</u>		

#### C H A P T E R S I X

Further Challenge: Take		
a moment and examine your		
own life. Do you guard the		
point of access to your fam-		
ily? What are you allowing		
entrance into your life and		
family? Take steps to change		
what needs changing.		
8 8		
		(42
		2/6
		(450)
		85
		637
		CH
		([,2]
	THE RESERVE OF THE PARTY OF THE	







### A Womb-Man



	4
	~ 1 ~
	How is the des forward intricately r the power to create?
10	

#### C H A P T E R S E V E N

~ 2 ~		
God wants to give us the strength to		
		Co
		CE
		89
		(C.Q.
	THE RESPECT	

A. Vision is  B. Discuss the mean vision in light Proverbs 29:18a.	Wo	man thou art	Loosed	Workbook
B. Discuss the mean vision in light Proverbs 29:18a.				~ 3 ~
B. Discuss the means vision in light Proverbs 29:18a.			Α.	Vision is
Proverbs 29:18a.			В.	Discuss the meaning of
				Proverbs 29:18a.

#### $C \quad H \quad A \quad P \quad T \quad E \quad R \qquad S \quad E \quad V \quad E \quad N$

~ 4 ~	
A. What does God use to liberate us?	
B. Share some goals that you yourself have.	

	Woman thou art Loosed Workbook
	~ 5 ~
	A. What must we put in our spirits to feed, nurture and allow faith to grow?
	B. Where do we get this truth? Give some examples.
92	

#### $C \quad H \quad A \quad P \quad T \quad E \quad R \qquad S \quad E \quad V \quad E \quad N$

~6 ~	
How is faith like money?	

		~ 7 ~
	Noa	Describe the was of Abel, Enoch h present the rely you can have with
4		
100		

#### C H A P T E R S E V E N

~8 ~	
O /S	
_	
Does a woman need a	
nan to have vision and	
aith? Why or why not?	
	95
	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TWO IS NAMED IN COLUMN TWO IS NAMED IN THE PERSON NAME

~ 9 ~
Discuss how fa and God's promises late with each other

	~10~	
A.	When a broken person to God, God gets the	
	for the wonderful things He accomplishes.	
B.	By what means does God restore you and make you accomplish great things?	

Woman thou art Loosed Workbook Further Challenge: Look at the relationship Mary and Elisabeth had. What do women today need to do to find similar sister friendships? What can you do to encourage such bonds between yourself and other women? Begin today to cultivate such a friendship.









# ANOINT ME... I'M SINGLE!



			~ 1 ~
		advai	Name some uniqu ntages to being single.
לכם			
102			

J. 47 (1)
- 6
10

		~ 3 ~
		List some personal, of ative ways you, as a single can minister to the Lord.
2		
3		
104		
2		

#### C H A P T E R E I G H T

~ 4 ~		
When you become faithful in your, then you will be better prepared to be faithful with a		
~ 5 ~		
How does God view		RA
singles?		3
		105
		103
		Cre
	THE PARTY NAMED IN	

		~6~	
		Is it wrong for singles to desire companionship? Why or why not?	
106			

~ 7 ~	
The person who is single should be, not, in singleness.	
~8~	
Discuss some ways in which your relationship with God translates to a relationship with a husband.	107

	~ 9 ~	
	What is the best ple of the sacredness riage? Explain.	

## C H A P T E R E I G H T

Funther Challenger If	
Further Challenge: If you are single, write a per-	
sonal and intimate prayer of	
dedication to the Lord as a husband. Read it aloud to	
Him, and then sanctify yourself to Him.	
	Car
	THE
	Gal
	109
	UF2
	THE STATES
	6







# A TABLE FOR TWO



	~ 1 ~
	What was Adam's a tion to Eve?
12	

~ 2 ~		
2		
Explain this statement: "When it comes to marriage, no one ever stayed together simply because they were attractive."		
attractive.		
		The
		7
		113
		237
		97
		775
	A STATE OF THE PARTY OF THE PAR	

	Woman thou art Lo	oosed	Workbook
			~ 3 ~
		Α.	Everyone needs to pray and discern if their prospective partner is someone they can to the rest of their life.
		В.	Debaq, the Hebrew word for cleave, means:
114		C.	What is the secret to cleaving to a spouse? Discuss fully.

4	
~ 4 ~	
How does "The just shall live by faith" (Rom. 1:17b) relate to marriage?	
	Car
	7
	115
	CAD!
	P. C.

				~ 5 ~
			y u	Iow is suppress our own sense of nhealthy in a relating?
		1	d re	What is the best way eal with this type elationship? Use Scare in your answer.
116				
-				

$\sim 6 \sim$ Describe the differences between the communication	
techniques of men and women.	
	117

			~ 7 ~
		mer ope reve	t the four points n's tendency to aven confrontation ealed in Adam's coion.
118			

. What does a marriage	
need, in order for two	
people to deal with con-	
frontation instead of hiding?	
mamg.	
	119
	8

	~8~
	A. What was it ab Delilah that attract Samson?
	B. What can marr women learn from Delilah's example?
2,	
2	
120	
3	

$\sim 9 \sim$	
Describe how marriage is a ministry.	
	Ca
	Test in
	121
	To the

	Woman thou are	Loosed Workbook
		~10~
		As a married woman how would you rank your priorities?
32		
122		

~ 1 1 ~		
1 1		
In your own words, describe what it means to be married.		
marrieu.		
		Cas
		GT.
		123
		ST
		THE
	A 100 May 100	

Further Challeng are married, sit dov your spouse and explore each other's communicating. Who work best for you begin to practice co- cating to bless your se	
124	wn with real seconds way ich way ? The mmun

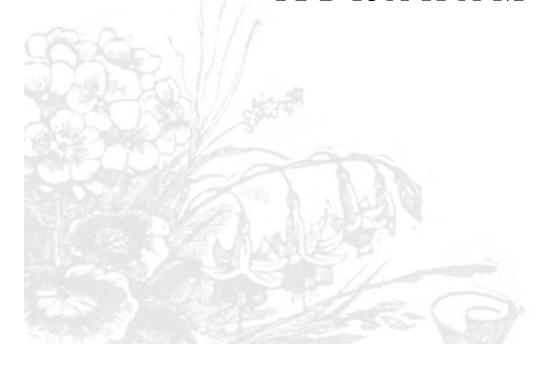








# DAUGHTER OF ABRAHAM



	~ 1 ~
	Many see Jesus as a way to Heaven and the solution to problems, but they fail to see that He is the solution to problems.
P),	~ 2 ~
128	Name some areas (other than spiritual) in which Jesus is our solution.
5	

## $C \quad H \quad A \quad P \quad T \quad E \quad R \qquad \quad T \quad E \quad N$

~ 3 ~	
A. How much are we to want Jesus?	
B. What does that show about a person?	
	1

	Woman thou a	art Loosed Workbook
		~ 4 ~
		No matter what the problem is, is the answer.
		~ 5 ~
20		From the moment you are called to Jesus, you become
130		~6~
***		What can ensnare us and hinder us from becoming whole?

## C H A P T E R T E N

~ 7 ~	
/	
T	
Jesus' power showed	
how powerless His critics'	
was.	
~ 8 ~	
O	
TV71	
What must our ambi-	
tion be?	
	C.a
	THE
	- 67
	652
	131 0
	63
	- 151
	EL
	- (50

			~ 9 ~
		A.	Ourshould not negate
		В.	What is your posit today? Whose are you
132			
<b>2</b> -			

~ 10 ~	
7 1 0	
D 1	
Does gender matter	
when a person approaches God? Why or why not?	
30d: why or why not:	
	THE RESERVE THE RE

		~ 1 1 ~
	В.	Faith is more than a
134		

## C H A P T E R T E N

~ 1 2 ~	
Faith is what	
fod.	
~ 1 3 ~	
If you want the enemy	
release you,	
~ 1 4 ~	
~ 1 4 ~	135
What must you do to	\$
eceive what has been left to	7
ou?	
	THE PARTY NAMED IN

### Woman thou art Loosed Workbook

~ 15 ~

True or False. It is what you say about yourself, and what God has said about you, that really matters.

~ 16 ~

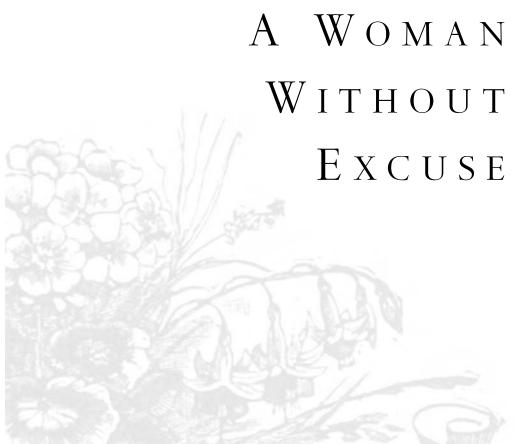
Faith is the only thing in this world where there is...

Further Challenge: Are your words crippling you or loosing you? Take the time today to think about each thing you say—no matter who you talk to. What are you saying as you converse with your co-workers? Your friends? Your children? Your spouse? Correct whatever comes from your mouth that does not reflect your position as a child of the heavenly Father. Begin to speak deliverance and power.









			~ 1 ~
		A	A. How do attitudes affect your life?
		F	3. An attitude results from
			· · · · · ·
			C. Explain what perspective is.
42			
140			
52			
95			

$\sim 2 \sim$	
<b>~</b>	
We need to learn how	
our perspective	
toour perspective andour	
attitudes.	
~ 3 ~	
3	
True on Falsa Doonla	
True or False. People are supposed to function in	(GR
life under the burdens of	54
pressure.	64
pressure.	141 0
	CA)
1	
~ 4 ~	(60
TT 11 1	
How can a problem be	
an excuse? Share a personal example.	
example.	

		sed Workbook
		~ 5 ~
		Before you can go of trouble, you need to
		~6~
		One of the gradeliverances people can experience in life is
3		
[42		
	Carlot Harris	
SAL.		

~ 7 ~	
Healing attitudes set people free to receive	
~8 ~	
A. How can you protect yourself from accusers and negativism?	
B. What must you do to allow the Lord to fight for you?	

		A	$\sim 9 \sim$ . Love is It is not limited b
		В	. How does this concer marriage relationships?
144 — 144 —			
-			

~10~	
How can the Church help the wounded?	
help the woundeds	
	14

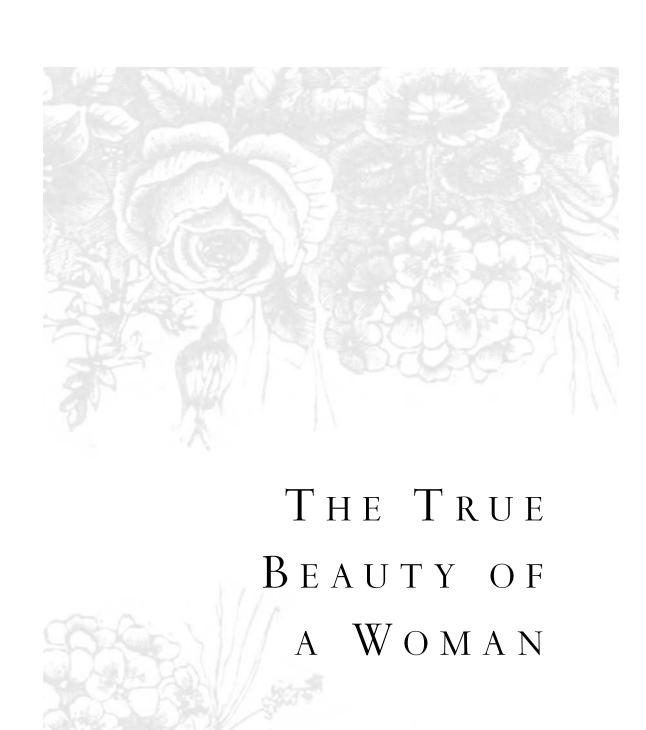
Woman thou art Loosed Workbook

Further Challenge: List some ways you can help change your attitude. Then ask the Holy Spirit for His help in reminding you about your attitude when you find yourself getting angry or depressed. When He does, stop and change your attitude.









	Woman thou	art Loosed Workbook
		$\sim 1 \sim$ We must learn to
		who we are. We must start ourselves.
		~ 2 ~
150		God put some things into the feminine that a man needs more than anything God put on the feminine
35		~ 3 ~
		What does a woman need to know to be attractive to a man?

4	
$\sim 4 \sim$	
God has adorned the woman	
~ 5 ~	
According to First Peter 3:1, to whom should a woman be in subjection?	
	Cla
	35
	151
	2
	Cal

		~6~
	Α.	What does the word conversation in First Peter 3:1 refer to?
	В.	Why is this important in a marriage relationship?
D.J.		
152		
The state of the s		

~ 7 ~	
What did Delilah give Samson that kept him com- ing back?	
~8~	
What valuable ornament did God give to women?	
	I

Woman thou art Loosed Workbook  $\sim 9 \sim$ True or False. Sexual ability is more powerful than a meek and quiet spirit. ~ 10 ~ When are women daughters of Sarah?

# C H A P T E R T W E L V E

~ 11 ~		
1 1		
True beauty is always		
, ,		

Woman thou art Loosed Workbook

Further Challenge: Do you know anything about painting and artwork? Find out how an artist goes about producing a master-piece—how much time and care does he or she put into that one piece? Then consider how much more God has produced a work of art in you.









EVERY
WOMAN
NEEDS A
SABBATH

			~ 1 ~	
			The Sabbath is a da	
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			~ 2 ~	
		rest	It is during a time that you	ıe
这				
160				
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~ 3 ~		
Why do you need to rest your spirit?		
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		pos	What is anoth	ier p h?
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~ 5 ~				
When is to have God your needs?	the best time minister to			
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			~6~	
		that	Describe some ting and God's refrest you have experience own life.	sh
164				
2				

~ 7 ~	
Our Sabbath rest is	
•	
~8~	
A. True or False. The enemy	
prefers seeing you at rest.	
3. Justify your answer.	
5. Justify your answer.	

Discuss how the p spective of the woman at		~ 9 ~
166		Discuss how the pospective of the woman at to well changed from anxiety
166		
166	2)	
	22	
	166	
	5	

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When you get the \_\_\_\_\_, it gives you the \_\_\_\_\_ to let go of the \_\_\_\_\_.

# ~ 11 ~

The Sabbath rest is the \_\_\_\_\_ to find \_\_\_\_ in \_\_\_.

167

Further Challenge: Having a specific time to rest and restore your spirit in the Lord is important for your spiritual health. Choose a time in your day when you won't be distracted and worship the Lord. Be willing to sacrifice to find this time and to make it a habit. The reward is well worth the effort.







# WINTER Woman



	~ 1 ~
	Describe the beauty you see in each season, as it relates to the life span of a woman:
	A. Spring
	B. Summer
验	
170	
17-3	

## C H A P T E R F O U R T E E N

C. Autumn			
D. Winter			
			C
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			7

	~ 2 ~
	It is important that teach women to prepare
	·
	~ 3 ~
<b>3</b> )	Why should we spending old women?
172	
72	
D	

~ 4 ~	
Just because demands have doesn't mean life is	
$\sim 5 \sim$	
for,	SE
~6 ~	(3) 173 °
A. How did God restore purpose to Naomi's life?	CB.
B. What do you think would have happened if Naomi had persisted in being depressed and bitter?	

		~ 7 ~	
			at other relatio there besides fam
174			
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## C H A P T E R F O U R T E E N

~8 ~		
Describe the bonds between:		
A. Naomi and Ruth.		
B. Elisabeth and Mary.		
		THE
		Co
		175
		P. G.
	ALC: NO. TO	

		~ 9 ~
		There are two things every winter woman, every Naomi, can rely upon:
		A. God is a What does this mean?
		B. God will be known as the
0.0		does this mean?
No.		
176	45844	
35		

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~ 1 0 ~	
Angels are the of Heaven.	
~ 1 1 ~	
What is the purpose of angels? Explain using Scripture.	
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	~ 1 2	~
	In a few describe the prowent through from God's promise the promise.	ocess S om hea
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~ 1 3 ~	
What did Sarah learn that all of us must learn too?	

in every season of 1	<b>)</b>	~ 1 4 ~			
180	life, l	An example to in every season of li is Sarah an example in your season?			
180					
					9,
					B
			211		180
					No.
				Hu	

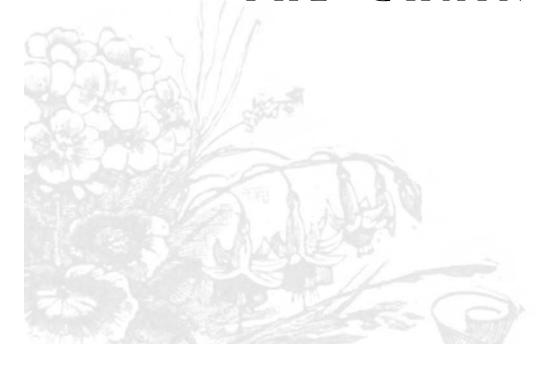
Further Challenge: Look back to the friendship between Naomi and Ruth. If you are a winter woman, what are some things you can do to help younger women? What do you know from your life's experience that you can pass to others? Ask God to reveal to you His purpose for you as a	
winter woman.	181







# BREAKING THE CHAIN



		~ 1 ~
		Why has the enemy of centrated on destroy women?
	В.	What does this responsay to your heart?
<b>3</b> ).		
184		

## $C \hspace{0.1cm} H \hspace{0.1cm} A \hspace{0.1cm} P \hspace{0.1cm} T \hspace{0.1cm} E \hspace{0.1cm} R \hspace{0.1cm} F \hspace{0.1cm} I \hspace{0.1cm} F \hspace{0.1cm} T \hspace{0.1cm} E \hspace{0.1cm} E \hspace{0.1cm} N$

~ 2 ~	
What has God done to meet your need?	
	C
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	B

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		there anything r the grace of Go
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## C H A P T E R F I F T E E N

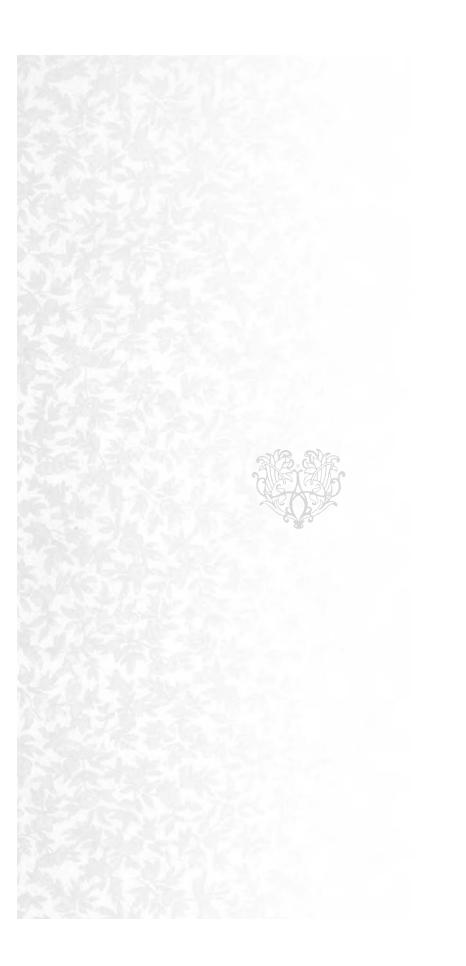
~ 4 ~	
What happens when we accept Jesus as our Savior?	
	187
	The state of the s

	~ 5 ~
	If the past is paid for why then do we have scars?
188	
<b>32</b> —	

$\sim 6 \sim$	
God recognizes theof what	
you can He has a He sees your	
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~ 7 ~	
What does God want to set free?	GE
	3
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	~ 8 ~
	What can you do to respond to His call and be freed?
	Truly, you can do all things through Christ who strengthens you. Woman, be thou loosed!
2	
190	







#### CHAPTER ONE

- 1. A. 1. the person
  - 2. the problem
  - 3. the prescription
  - B. For every person there will be a problem; and for every problem, God has a prescription.
- 2. A present word from God. God's Word, Jesus, is timeless; according to Hebrews 13:8, He is the same yesterday, today, and forever.
- 3. Reader's discussion.
- 4. True



- 5. A. As a narcotic to numb the pain.
  - B. It does not allow God to heal a person; it can become addictive.
- 6. False
- 7. Spirit of infirmity
- 8. ...forgiveness
- 9. Personal response.
- 10. By renewing her mind through the Word of God.
- 11. Reader's discussion.
- 12. Reader's discussion.
- 13. A. ...receiver
  - B. Women must be careful what they receive; they must not allow the enemy to "plug into" their lives. They must receive only what agrees with the Word of God.
- 14. Forgetting is more than not remembering; it is letting go of the memory.

#### CHAPTER TWO

- 1. For their abilities and potential for the future; for going where their parents point them.
- 2. Personal response.
- 3. A. ...the mother of miracles.

- B. Compassion allows healing power to flow; many times in Jesus' ministry His compassion preceded the healing (Mt. 9:36; 14:14; 18:27; Mk. 1:41; 6:34).
- 4. No. It affects the inside of a person, not the outside.
- 5. Personal response.
- 6. A. He stopped teaching, held them, touched them, and blessed them.
  - B. Personal response.
- 7. A. ...God giving us a chance to start over again.
  - B. Personal response.
- 8. Personal response.
- 9. Personal response.
- 10. A. To be uncovered is to be unprotected.
  - B. With the blood of Jesus Christ.
- 11. ... intensive care
- 12. Personal response.

#### CHAPTER THREE

- 1. Personal response.
- 2. The flesh.
- 3. By receiving it by faith, and by allowing the blood of Jesus to sanctify the innermost being.

- 4. The Church is like a hospital that cares for people while they are in the process of becoming whole again.
- 5. A. Matthew was a tax collector who most likely gained his wealth by charging exorbitant taxes. Mary Magdalene was a prostitute. (Reader may have other examples.)
  - B. Personal response.
- 6. demarcation; past; present
- 7. He understood the need to meet people where they were and to minister to their need.
- 8. ...from events that we have no control over.
- 9. ...living lives that bring bondage and pain.
- 10. A. forgive
  - B. heal
  - C. restore
- 11. The potential of their future.

#### CHAPTER FOUR

- 1. David's weakness was a passion for women; his son Amnon also exhibited this passion. Personal response.
- 2. Love is a giving force; lust is a selfish compulsion focused on gratifying self.

#### A N S W E R K E Y

- 3. Complete healing—in spirit, emotions (mind), and body.
- 4. A. Their maternal instinct; also, a need for love.
  - B. By exercising discernment.
- 5. True
- 6. Through a relationship with God as Father; also through platonic relationships with men.
- 7. nurture; protect
- 8. Personal response.
- 9. A. The ability to open your past to someone responsible enough to share your weaknesses and pains.
  - B. Believers can listen to and help one another in their weaknesses, according to Galatians 6:2.
  - C. Personal response.

#### CHAPTER FIVE

- 1. Personal response.
- 2. He did not want her.
- 3. "I want you."
- 4. He called her forward, waited for her to reach Him, then proclaimed her freedom.
- 5. Personal response.

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- 6. power; anointing
- 7. Joy.
- 8. Physical (platonic) touch; the Word of God; spiritual food; atmosphere of sharing and acceptance.
- 9. A. 1. historical faith
  - 2. futuristic faith
  - 3. present faith Personal response.
  - B. Present faith. It is current.

#### CHAPTER SIX

- 1. receptacles; receivers
- 2. She is the receptacle he plugs into so he can meet and accomplish his task.
- 3. A. It is open to be plugged into.
  - B. The commitment of the marriage covenant.
- 4. False
- 5. A. He took advantage of her desire to see, taste and be wise; he caught her attention; he deceived her.
  - B. enmity or conflict
- 6. They must do spiritual warfare.

- 7. By being vulnerable to moods, attitudes and dispositions; by doing things and not knowing why (for example, "I just feel like doing this").
- 8. Suffering and sorrow are the way through which a spiritual baby is born.
- 9. character; spirit
- 10. drop; hold
- 11. A baby will not come unless there is pushing; it is necessary to push in order to produce.
- 12. It gives the incentive to be productive again after the pain.
- 13. It gives a sense of worth and purpose.

#### CHAPTER SEVEN

- 1. It is when the desire to go forward is greater than the memories of pain that a person has the power to create again.
- 2. ...overcome past pain and move forward into new life.
- 3. A. ...the desire to go ahead.
  - B. Reader's discussion.
- 4. A. A goal.
  - B. Personal response.
- 5. A. Truth.

- B. The Word of God. Deuteronomy 28:13; Psalm 8:3-4; 139:14; Philippians 4:13; etc.
- 6. It is the means, the tender, by which you receive the things you hope for.
- 7. Abel worshiped God by faith; Enoch walked with God by faith; Noah worked with God by faith. Worshiping comes before walking, and walking before working.
- 8. No. She herself can have faith; each person needs his or her own walk with God.
- 9. Reader's discussion.
- 10. A. submits; glory
  - B. His anointing.

#### **CHAPTER EIGHT**

- 1. A single woman can serve God with more freedom; she can pray, praise and worship God whenever and however she wants; she can build herself up in the Lord without other distractions.
- 2. The Lord and her relationship with Him.
- 3. Personal response.
- 4. singleness; husband
- 5. As belonging to Him.
- 6. No. It is a God-ordained need.

- 7. abiding; wrestling
- 8. Reader's discussion.
- 9. The relationship between Jesus and the Church. Jesus is the greatest advocate and intercessor for believers.

#### CHAPTER NINE

- 1. Her likeness to him.
- 2. A commitment requires an attraction that is deeper than outward appearance.
- 3. A. cleave
  - B. "to impinge, cling or adhere to; figuratively, to catch by pursuit or follow close after"
  - C. The secret to cleaving is leaving. Reader's discussion.
- 4. It is through faith that a marriage relationship can be changed.
- 5. A. It can lead to depression and will not guarantee an end to being hurt.
  - B. To show by lifestyle, according to First Peter 3:1-2, the purity and reverence in your life.
- 6. Men tend to be physical and women tend to be vocal.
- 7. A. 1. Adam heard God's voice.

- 2. Adam was afraid.
- 3. Adam was naked.
- 4. Adam hid himself.
- B. The ability to be transparent; to expose vulnerabilities without fear or condemnation.
- 8. A. She gave him rest and cared for him.
  - B. How to treat men like little boys, to give rest, to give safety, to praise, etc.
- 9. When you marry a person, you marry all of his past, his weaknesses, strengths, fears, etc. The things that need healing, you can minister to.
- 10. Personal response.
- 11. Personal response.

#### CHAPTER TEN

- 1. spiritual; all of life's
- 2. Finances, emotions, self-esteem, etc.
- 3. A. We are to want Him enough to overcome obstacles and to push in His direction.
  - B. It shows how much they want help.
- 4. Jesus
- 5. ...invincible

- 6. Our own words.
- 7. religion
- 8. Jesus Christ.
- 9. A. condition; position
  - B. Personal response.
- 10. No. There is no discrimination in faith.
- 11. A. fact; action
  - B. Personal response.
- 12. moves
- 13. ...remind him whose daughter you are.
- 14. You must ask for it; you must speak correctly.
- 15. True
- 16. ...true equal opportunity.

#### CHAPTER ELEVEN

- 1. A. A good attitude can bring success; a poor attitude can bring destruction.
  - B. ...perspective
  - C. Perspective is the way people look at life, which is often determined by their history.
- 2. look past; change

- 3. False
- 4. A problem can become a reason not to do other things, a reason for not changing. Personal response.
- 5. ...straighten out your attitude.
- 6. ...to have their attitude delivered.
- 7. ...wholeness
- 8. A. By praising God, and not stopping.
  - B. Quit defending yourself and attacking others.
- 9. A. eternal; time
  - B. When you love your partner, your love covers everything—including his history and how it makes him react to certain things.
- 10. By sharing burdens, trusting one another, pointing to God, providing a haven of praise.

#### CHAPTER TWELVE

- 1. thank; appreciating
- 2. spirit; body
- 3. To know who she is on the inside; to know her own self-worth.
- 4. ...inwardly
- 5. Her own husband.

- 6. A. Lifestyle.
  - B. Unbelieving husbands watch their wives for their attitudes, dispositions, and words.
- 7. Rest.
- 8. A meek and quiet spirit.
- 9. False
- 10. When they are not afraid, remain calm, keep control, rebuke fear, trust in God, judge God faithful, smile through tears, etc.
- 11. ...on the inside.

#### **CHAPTER THIRTEEN**

- 1. rest; restoration
- 2. ...replenish or receive back those things that were expended or put out.
- 3. It is through rest that your life can begin to be restored.
- 4. For communion with God.
- 5. When in real worship.
- 6. Personal response.
- 7. ...Christ Jesus.
- 8. A. False

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- B. He would rather break up your rest to keep you from being restored.
- 9. Reader's discussion.
- 10. rest; power; anxiety
- 11. ability; eternal satisfaction; Jesus

#### **CHAPTER FOURTEEN**

- 1. Personal repsonse.
- 2. ...winter
- 3. When they lose the people they built their lives around, they feel displaced and need new roles.
- 4. changed; over
- 5. best; last
- 6. A. He gave her a relationship with Ruth.
  - B. Personal response.
- 7. Friendships; "God-bonds."
- 8. Personal response.
- 9. A. ...restorer; He restores purpose to the past and He makes up for the toll the past took on a person.
- B. ...nourisher; He will care for and supply the needs of those who used to care for and supply the needs of others.

- 10. butlers
- 11. They are to minister to God's people, according to Hebrews 1:14. (Other explanations are possible.)
- 12. Personal response.
- 13. The faithfulness of God.
- 14. Personal response.

#### CHAPTER FIFTEEN

- 1. A. They are God's vehicles of creativity.
  - B. Personal response.
- 2. He sent a Redeemer, Jesus Christ.
- 3. No.
- 4. We are made pure; we become clean and holy.
- 5. Scars remind us that we are human.
- 6. possibility; become; plan; potential
- 7. The woman inside who can do great exploits in His name.
- 8. Have faith. Believe He will do what He said He would. Put your confidence in His power. Trust in Him.

Believe He has washed you and made you clean. Believe He will satisfy every need.

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